



# The Valley Scribe



Newsletter of the San Fernando Branch of the California Writers Club

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## Our New Program Chair Looks Ahead



**Karen Gorback**

The CWC-SFV Board met via Zoom on June 22 to discuss how best to utilize the Zoom platform for monthly meetings until we all gather again at the beautiful campus of the Motion Picture and Television Fund.

Looking ahead, club members and guests will be invited to preregister for meetings with a name and email address. Each registrant will then receive a unique link to join the meeting.

Program Chair Karen Gorback promises a year filled with engaging presenters to discuss both the craft and business of writing.

Author, international speaker, and club

member Ester Shifren will instruct us on *Self Publishing* on Saturday, September 12, at 1 p.m. via Zoom. Details and invitations to follow in August.

As always, club members may attend programs without charge but members must still need to pre-register to receive an invitation to join us in the Zoom room. Guests must also pre-register and will be invited to support our club through a donation.

Much may have changed in our world, but our innate passion for the written word remains. Your board looks forward to an exciting year! Food for thought:

***I don't need an alarm clock. My ideas wake me. — Ray Bradbury***

## From Your Editor

Communication is vital in any organization and the CWC-SFV is no exception. But even though we won't gather in the Saban Room during the COVID-19 pandemic, we'll soon assemble again in the Zoom room. And *The Valley Scribe* will be online every month. Other CWC branches are also sending out year-round newsletters, just as their meetings—like our gatherings—are also done in facetime.

I have a request for SFV members. Please write a response to this prompt:

*What I'll always remember about the 2020 pandemic ...*

Imagine that you're writing a message that

your family and/or friends will read twenty years from now. What would you want them to know? Please keep it short, 500 words or less. If you go over the word allowance limit, send it to me anyhow. Poems should also be of moderate length.

Submit to [kghighcove@gmail.com](mailto:kghighcove@gmail.com) subject: *Sheltering In Place*.

You may be housebound, but your muse is free to wander in any direction.

**Kathy Highcove**



**Kathy Highcove**

# CROSSROADS



**W**hen I watch all the trauma on the TV news about George Floyd it reminds me that change is very difficult. The civil rights movement started almost 60 years ago, and progress has been made, but the underbelly of racism is still with us. It took more the 10 years to end the Vietnam War.

I remember all the violence that got mixed up with the Vietnam protests, trashing buildings, burning cars, etc. The killings at Kent State and Jackson State were deeply tragic and inspired more people to protest. It also inspired many songs by folks like Marvin Gay, Crosby, Stills and Young, and Bob Dylan.

I often find myself 'singing' in my head the words from "What's Going on?"  
The words are as true now as they were then. Bob Okowitz



Mother, mother, everybody thinks we're wrong ...  
Oh, you know we've got to find a way



## *California Writers Club—San Fernando Valley Members IT'S TIME TO RENEW YOUR MEMBERSHIP !*

**Write a \$45 Check or Money Order Due Now  
through September 28<sup>th</sup>**

**Make check payable to: CWC-SFV**

**Mail to: Pat Avery, Treasure  
P.O. Box 9023  
Calabasas, CA 91372**

**DO NOT SEND CASH through the mail.** We are unable to have face-to-face meetings so payments must be made by mail.

**IF** you miss the September deadline, on October 1<sup>st</sup> you will be dropped from the membership rolls.

**Reinstatement is \$65. Do not miss the deadline!**



# Character Development Pointers from

SFV member, Anat Golan, freelance screenwriter and script analyst was our June speaker. But this meeting was a milestone for our group: our first Zoom meeting. Amat volunteered to be our first facetime speaker and gave us a pro's pointers on character development.

Her first point: most readers will start a book and decide in the first pages if the story is worth their time.

The prime ingredient for any successful plot: a multi-dimensional character or a protagonist. A protagonist is the lead, star, hero or heroine who has a distracting problem. The hook: how this person will solve a pressing problem. The protagonist need not be a superhero nor have an eccentric personality trait to solve a problem. But the main character must interest a reader and his/her problem should intrigue the reader.

Another crucial element in any story is an antagonist, a person who wants to thwart the efforts of the lead character. However, a antagonist need not be human. The "enemy" can be a natural catastrophe, an animal or alien predator, a mechanical failure or a magical mischief maker.

Finally, most stories must have a supporting cast of side or minor characters. These cast members can be allies, close friends, family members, co-workers, neighbors, pets or unknowing enablers.

The lead characters, the ones who enact the story line should be thoroughly vetted by a writer. A serious writer will research everything about their characters. An author must decide where the characters were born, their language, appearance, good and bad habits, their social economic level, their hobbies, interests, abilities, weaknesses, quirks and key irritants.

A drama should reflect real life tensions and struggles, Anat emphasized. After all, everyone can identify



Anat Golan

with angst, distrust and strife. And we all have experienced pressing problems in our lives. A successful plot must supply these crucial lures.

A reader expects a lead character who feels conflict and confusion. The more conflict, the better. And there are innumerable ways to hamper and conflict a lead characters.

Anat advised us to think of a challenge for the protagonist. "Make 'em suffer!" our speaker commanded. "Up the ante. The more conflict, the better!"

For example, you might create a protagonist who's an elderly ex-cop, with a bad heart and a drinking problem, who gets creepy messages in his email regarding a vicious murder he never solved. The mystery correspondent knows details about the crimes that were never made public.

Or, imagine that a newly divorced college professor and her small son move to a small town to escape her abusive husband. They rent a creepy old house that the locals regard as haunted. During their first night in the cold dark house her sensitive child wakes up screaming ...

However you build your story, the first chapter should hook the reader and make them keep turning the pages. Remember the hooks: an intriguing character with a problem—or problems—to resolve.

A last key piece of advice from our speaker: give the side characters color and personality. Their thoughts, conversations and personal problems will give any plot another layer of intrigue

Anat's talk ended with a question and answer session. Then, one by one, we left the Zoom room and returned to the real life drama of a world-wide pandemic. We're hoping for a happy ending—soon!

**Kathy Highcove**

# Beloved American Author Toni Morrison

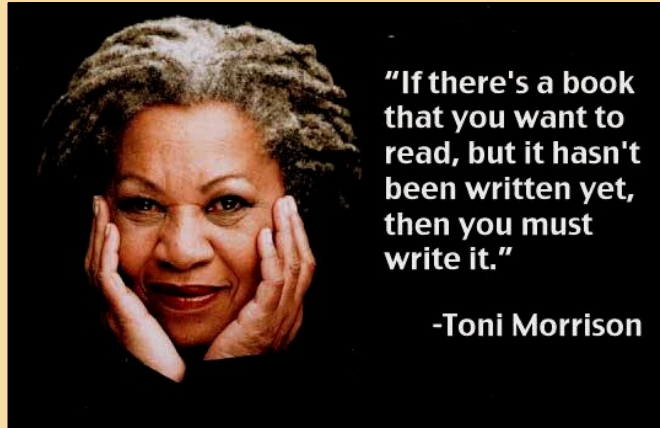
1931-2020

Toni Morrison was the first African American woman to win the Nobel Prize for Literature. She was best known for her novels focusing on intimate relationships, especially between men and women. These stories were set against the backdrop of African American culture.

Morrison's childhood was filled with African American folklore, music, rituals, and myths. Her family was, as Morrison said, "intimate with the supernatural" and frequently used visions and signs to predict the future. Storytelling was an important part of life in the Wofford family and both the children and the adults would share stories with one another. Morrison saw her writing functioning much like storytelling did in the past. It reminded people about their heritage and showed them their place in the community. She once said that she used her childhood memories to help her start writing. Her real-life world, therefore, was often included in her novels.

Once she learned how to read, it became one of the things in life that she loved spending time doing. When she was in high school, she began to read the works of great authors such as Jane Austen (1775–1817), Leo Tolstoy (1828–1910), and the nineteenth-century French writer Gustave Flaubert (1821–1880). Morrison was impressed by the specific way these writers portrayed the things that they were familiar with. Their talents motivated her to write in such a way about the things she was most familiar with, particularly her African American culture.

Morrison began writing her first novel, *The Bluest Eye* (1970), while she was in a writers' group at Howard University. The story is about an African American girl who wishes that her eyes were blue and fit a different image of beauty. Thirty years later, the book still speaks to a universal audience and was chosen to be an Oprah Winfrey Book Club selection. *Sula* (1974), Morrison's second novel, was nominated for a National Book Award. Her third book, *Song of Solomon* (1977), won a Na-



tional Book Critics Circle Award in 1977 and an American Academy of Arts and Letters Award. It was also chosen as the second novel by an African American to be a Book-of-the-Month selection. *Tar Baby* was published in 1981. *Beloved* (1987) won the Pulitzer Prize in 1988. *Jazz* was published in 1992 and *Paradise* followed in 1997. Meanwhile, Morrison worked as

writer-in-residence at the State University of New York, first at Stony Brook and later at Albany, before moving on to Princeton University in New Jersey.

Morrison's novels were carefully written to produce poetic phrases and strong emotional responses from her readers. Her characters tried to understand the truth about the world they live in. The subjects she wrote about included good and evil, love and hate, beauty and ugliness, friendship, and death.

*Beloved*, a story about life after slavery, is considered Morrison's masterpiece. In 1993, when she won the Nobel Prize for Literature for the body of her work, the Nobel

Committee cited *Beloved* as Morrison's outstanding work. In 1996 she received a Medal for Distinguished Contribution to American Letters from the National Book Foundation.

In 1999 Morrison's first children's book, *The Big Box*, was published. She worked on the book together with her son Slade. The story is a dark look at childhood in America that pushes children and parents to take a new look at the rules and values that make up their lives. The book shows the ways in

which well-meaning adults sometimes block children's independence and creativity.

Toni Morrison was an American treasure. Fittingly, in 2012, President Obama awarded her the Medal of Freedom.

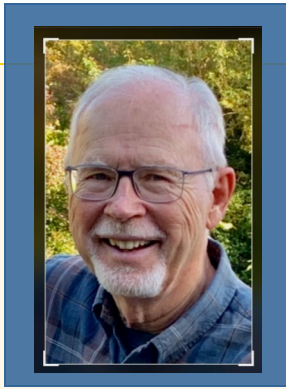


Source: <https://www.notablebiographies.com/Mo-Ni/Morrison-Toni.html#ixzz6Ogq9H5U9>

# Member Focus:

# Bob Bunes

I was born in Minneapolis 76 years ago, the second of three children. It was a mid-American, middle-class upbringing, at least until I was 16, when my parent's small business hit the skids. Thanks to an Evans Scholarship (an academic scholarship for caddies) I was able to attend the University of Minnesota. During my three undergrad years, I essentially avoided any classes involving writing. I needed to get A's in pre-med and I wasn't going to get them based on my nonexistent literary talents. Whoever heard of a writer getting through college writing only two term papers?



new complicated tasks, like learning the skills to do all the plumbing and electrical work on the house I was forced to rebuild after the '93 Malibu fires

After I retired, I decided to take on the challenge of learning new writing skills. (Plumbing is easy, writing is hard.) I'd always enjoyed telling stories, and thought I had some worth telling, but I didn't enjoy writing them down. One story

led to my writing a semi-fictional novel, *That Yellowstone Summer*. While writing the story, I told people that I had a publishing "deal" with Amazon. This impressed folks until I confided that Amazon editors will accept *anything* anyone wants to publish as an eBook. I felt proud that I completed all the steps and actually published an ebook — but I wasn't pleased with the final result and didn't want to sell it. Then a friend, Michael Edelstein, told me about CWC-SFV. So glad I joined! I've had invaluable input from my critique group. In fact, my improved writing skills have led to acquiring an agent (extreme patience and persistence advised) and *almost* getting my *Wind, Fire, and Ice* manuscript published. Covid-19 did me in! The virus basically shut down the publisher the day they were planning to offer me a contract.

Regardless of what happens with my writing, I'm happy to have gone from being nearly illiterate to writing a work deemed worthy of publishing. CWC-SFV, take a bow!

Following four years of medical school and one year of a rotating internship, I managed to escape Vietnam by getting an assignment as a Public Health Service Officer with the US Coast Guard. With a longing to see the world, I immediately volunteered to serve as a Ship's Doctor on the *USCGC Glacier*, a Coast Guard icebreaker bound for Antarctica. A seven-month deployment. 25,000 nautical miles. One port. Bummer!

Fast forward, I ended up doing Legal Psychiatry (civil litigation only), mostly evaluating workers compensation cases and treating injured workers, many of whom needed to change careers because of their physical and/or emotional limitations. One of the things I told my patients was, "An expert is someone who knows about 100 things you don't," i.e. acquiring the basic skills for a new career does not have to be such a daunting task. Personally, I've welcomed the challenge of learning

## **WIND, FIRE AND ICE: PERILS OF A COAST GUARD ICEBREAKER IN ANTARCTICA**

**Bob Bunes Upcoming book: Available on Amazon on April 15, 2021**

My book is a nonfiction work that parallels one of the greatest survival stories ever told—Sir Ernest Shackleton's epic Antarctic adventure. In 1969 the *USCGC Glacier* was the largest icebreaker in the free world. I was the ship's doctor. Like Shackleton, we were trapped in storm-blown icepack deep in the Weddell Sea 100 miles from open waters. Only he was in an under-powered



This tell-all-account solves this mystery. Unlike Shackleton, we also had to survive a torn hull after striking an iceberg, a three-hour-long fire that almost ignited the fuel tanks, and waves in Drake Passage taller than an eight-story building. It is a story about Antarctic explorers, leadership,

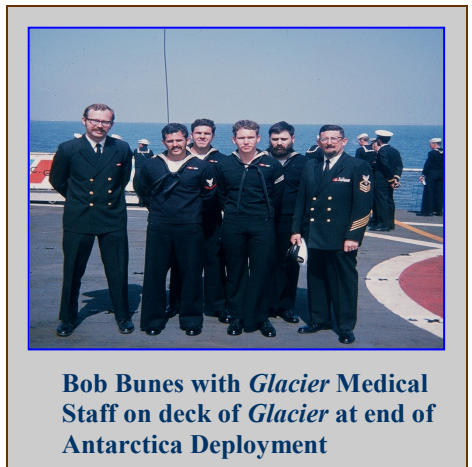


**The *Glacier* cruising in pack ice.**

wooden ship where as we were aboard a massively powerful steel ship. Why did we end up in a situation where our ship also faced destruction by a crushing icepack?

and overcoming adversity. It is also a story about the conflict between a caring 26 year-old-physician and a judgment-impaired captain, someone as obsessed as Captain Ahab.

This true tale ends in a manner no one would have expected. It was one hell of an adventure!



**Bob Bunes with *Glacier* Medical Staff on deck of *Glacier* at end of Antarctica Deployment**

# So You Want to Make Money Writing

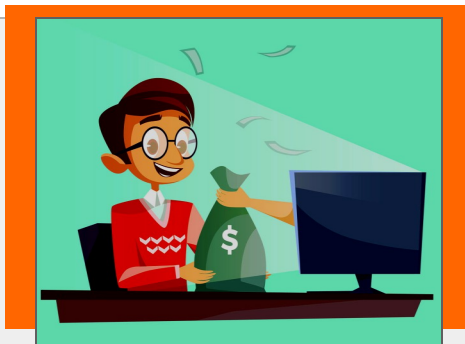
by Anat Golan

Anyone who dares to admit he's written for a while, must have heard "Yeah, but can you make money out of it?" And while we can't all be Stephen King, there are ways to make money out of writing. The two main avenues: being paid for what you have already written and writing per assignment. Books can be self-published for free on Amazon (Amazon.com) and Barnes & Noble (Barnesandnoble.com). Both websites will walk you through the process. If you know people who read and liked the book, ask them to rate and write a recommendation on it. Before posting any of your work, make sure to register your copyright with the Library of Congress (<https://www.copyright.gov/registration/literary-works/>).

Once your book is uploaded, it'll be up to you to promote it and that's when the real work starts. With plenty of free social media website, it's easier to network and get the word out. Here are a few ways to promote your work:

You don't need to be a computer expert or pay someone to create a website for your works. There are plenty of sites offering free website you can design on your own or use one of their templates: Wix, GoDaddy, Squarespace and others are just a few of them. I found Wix ([www.wix.com](http://www.wix.com)) to be a very user friendly, but shop around and see which service best fits your needs and skills. Wix has numerous templates for writers that are easy to modify on your own, or you can opt to answer a few questions about what type of a site you would like and let the site do it for you free of charge. Without any experience in site building, I was able to surprise my husband with a site that promotes his books, just by choosing a template and changing the information to fit his work (<https://rbwwriter.wixsite.com/ronald>). Note that you can connect the "BUY" option to your books on Amazon / Barnes & Noble, or to your PayPal. You can also link the site to your social media outlets. Headers (sections) can be easily modified, so if for example the template has a blog header that you have no content for, you can simply change it to something else, or take it out altogether. It's a lot of fun playing with all the options, but it's also addictive. Publishing the site is as easy as pressing the "Publish" button. And yes, it's all free of charge.

Once your website is up, it's time to advertise yourself. Social media sites like Twitter, LinkedIn, Instagram and Facebook allow you to list your site in your profile for all to



see. Connect to other users with like minds and start conversations. You'd be surprised to find how many are willing to read your writing and promote it. The writing community on Twitter is especially active with Shout Outs to work you've written and others read. If you don't know where to start, simply write something like

"Today I finished the first chapter to my new romance" and give the name of the book. Sites like Twitter will be quick to recommend who you should connect to based on your postings. You can also write what's on your mind with a link to your blog and / or website. Join online literary communities where you can post and discuss your work (talentville.com is an example of a writing community for screenwriters where you can post your screenplay for free, read other members' screenplays and get your own writing evaluated by your peers). If you have other family members with social media accounts, ask them to mention your site or the links to the online stores where the book is available

Research literary agents actively seeking the type of material you have. Even a simple Google search of "Literary Agents Actively Seeking Thrillers" would yield a plethora of results. Just make sure to follow the submission guidelines as some would only ask for a query letter and some would ask for one to three chapter samples. In addition, make and match your writing to the type of material they are looking for (don't send a thriller if the agent is currently seeking romance).

Many agents would specify what they are not in the market for, making your job easier. Note that some literary agencies have more than one agent and each one can be searching for different material. Don't send to agents that have a "no unsolicited material" or "not accepting new submissions at the moment" as you may be wasting your time.

It is recommended to keep a list of those agents and their website and check back periodically to see if their submission policy has changed. You can find plenty of resources which inform you on where and what to submit on sites like [thewritelife.com](http://thewritelife.com). When sending a query letter, make sure to include your website, especially if you have a blog that shows your expertise and knowledge.

Next month: Writing Assignments (Gigs)

# Behind Every Good Writer Is A Good Proofreader

I'll never forget it. Several years ago, our family prepared a celebration for our son's Eagle Scout ceremony. An official invitation would be sent to all the troop families, local Scout leaders and administrators. I dutifully wrote the invite, my husband checked it and then I took it to the printers.

It was printed on vanilla-hued paper with the blue and gold BSA logo on the card. We were very pleased.

A week later, a mother of another scout in the troop confided that I'd written: *A desert will be served*. I meant *desert* of course. *Good grief!* I thought. I was so embarrassed! That spelling mistake has remained a strong reminder of the importance of careful proofreading.

Every month, before *The Valley Scribe* is sent to the mem-



bership, I ask all the submitters to check their work. Several volunteers also look through the text. I run the Spell and Check functions on my system ... and still, dear readers, I often learn that *The Valley Scribe* issue had typos or errors.

Only human, folks. I resigned to the reality that I will never publish a "perfect" newsletter, But I really appreciate my proofers and the charitable souls

who will proof before publication. I've Googled the proofreading dilemma and found several helpful websites, Perhaps you'd also like more info on this subject.

Below, you'll see suggestions from *Daily Writing Tips* <https://www.dailywritingtips.com/8-proofreading-tips-and-techniques/>

## Eight Tips for Proofreading

Whether you are writing a magazine article, a college essay or an email to a client, getting your text free of mistakes is essential. The spell checker helps, but it is far from foolproof. That is where proofreading comes in. Below you will find 8 tips and techniques to make your proofreading sessions more effective.

### 1. Concentration is Key

If you're going to spot mistakes, then you need to concentrate. That means getting rid of distractions and potential interruptions. Switch off the cell phone, turn off the television or radio and stay away from the email.

### 2. Put It On Paper

People read differently on screen and on paper, so print out a copy of your writing. If you read aloud, your ear might catch errors that your eye may have missed.

### 3. Watch Out for Homonyms

Homonyms are words that share the same spelling or pronunciation, but have different meanings. Switching *accept* with *except* or *complement* with *compliment* could be disastrous, so pay attention to them.

### 4. Watch Out for Contractions and Apostrophes

People often mix *their* and *they're*, *its* and *it's*, *your* and *you're* and so on. If there is something that can hurt the

credibility of your text, it is a similar mistake. Also, remember that the apostrophe is never used to form plurals.

### 5. Check the Punctuation

Focusing on the words is good, but do not neglect the punctuation. Pay attention to capitalized words, missing or extra commas, periods used incorrectly and so on.

### 6. Read it Backwards

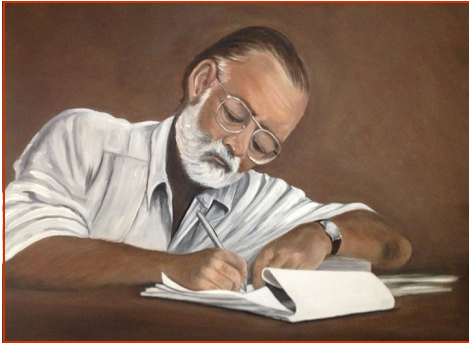
When writing we usually become blind to our own mistakes since the brain automatically "corrects" wrong words inside sentences. In order to break this pattern you can read the text backwards, word by word.

### 7. Check the Numbers

Stating that the value of an acquisition was \$10,000 instead of \$100,000 is definitely not the same thing. What about the population of China, is it 1,2 million or 1,2 billion? Make sure your numbers are correct.

### 8. Get Someone Else to Proofread It

After checking all the previous points, do not forget to get a friend to proofread it for you. You will be amazed at the mistakes you've missed. A second person will also be in a better position to evaluate whether the sentences make sense or not.



### **Writer's Edge**

Words have to be sharper than real life.  
Real life bludgeons. Words must cut.  
Dreams are forged to incise our minds.  
Writing's delicate scalpels and nanobots infiltrate our spirits.  
Our thoughts are dull – so are our beliefs.  
We are battered by the storm of pragmatism.  
But writing shelters the content of our lives,  
Embellishes it with gaudy filigree and stunning emotion.  
Writers, creators of beauty –  
Our intaglios sharpen life's razor edge,  
Concealing the tricks we use to survive,  
Lest they abrade our work  
And blunt its attack.

Lawrence Linick

### **My, My, My.**

Each day I keep staying alive.  
I am blessed that the corona virus  
has not reached me, has not invaded me.  
I am lucky that I am free from symptoms,  
from suffering, from fear, from anxiety.  
Yet, I need to pay my respects to all  
in the world, who have succumbed.  
But life still keeps going on for me.  
What matters is what I have become,  
what I can give to and share with others,  
goodness, trust, compassion and some fun.

**Norman Molesko**





## unreasonable reasons

You say

*I'm moving! Goodbye!*

so easily at first.

Protecting you. Protecting me.

These ambivalent feelings.

These unreasonable reasons

we assume and yet deny.

We unknot this old friendship

while I'm snared in this torment of why.

Was our love here for—

a Reason

a brief impact of two solar flares

to canceled out all other signals.

and energized and cauterized our lives

a Season

a measured stretch of distractions.

comediennes with dramatic reactions

as we played out our daily matinees.

or a Lifetime

a forever ache in chambers deep

soothed by our steady presence

knowing the length of our reach.

What unreasonable reasons

can love earnestly compile?

Was I there for just—

a Reason

a Season

or a Lifetime?

So carefully pack away

in your brown boxes our fates—

holiday dinners with me

served on those square red plates.

Trinkets found, memories abound

of what I knew to be so rare.

Pack away those birthday earrings

so gaudy and tangled in your hair.

A book I was so sure would

change your mind, like it did mine.

That card, too sentimental,

that poem I wrote—all pieces of unfair.

A lyrical poem by Anne W. Lee

Written in 2018 after several close friends and a sister moved away and five women friends died of cancer.

What unreasonable reasons  
do we insist love understand?

Were you there for just—

a Reason

a Season

or a Lifetime?

I am frightened knowing I'm not ready

and I can't be steady holding

that slippery long-distance grasp.

My busy will no longer include you—

So I'll scroll past your number

fumbling to find friends that might do.

What label do you stick on those brown boxes—

in what new room will you put this denile?

We silently wrap and pack

in papers within papers within papers.

Yet all the while

I wonder, will that be enough

to protect these fragile memories

from the damage of our fall?

What unreasonable reasons

will love's tears recall

a Reason

a Season

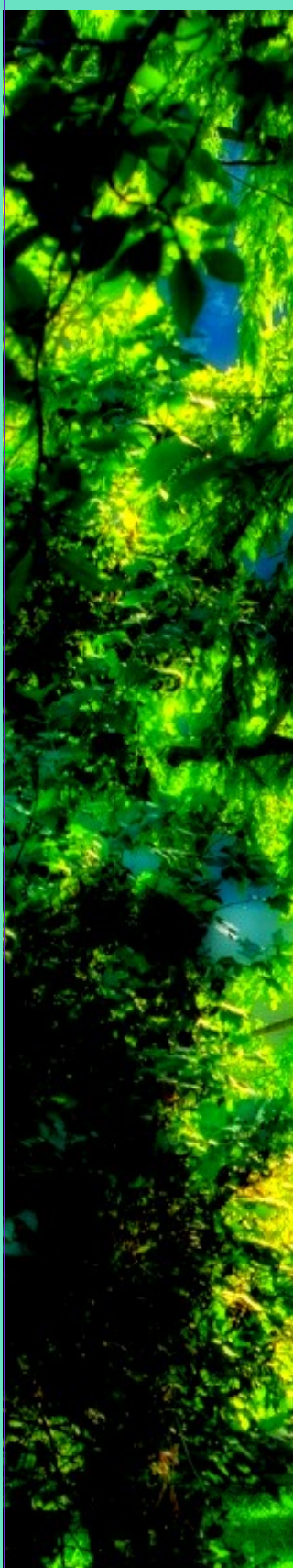
or a Lifetime?

So I whisper as you leave—

*Maybe love doesn't heed*

*our unreasonable reasons at all.*

Anne W. Lee



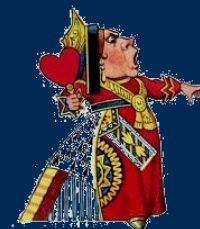
**UNTITLED**

Tick-tock goes the clock  
 Fleeting seconds  
 Halt for no one  
 Wishful time restrictions  
 Do not apply  
 Like Alice in Wonderland  
 Searching the magic mirror  
 When did youth disappear  
 Who is that person  
 Wisdom coloring face and form  
 Blooming differently now  
 Look hard and see  
 The same child inside  
 Climbing the tree of life.  
 No poetic license  
 No magic pen  
 Just the ramblings  
 Of a woman/child  
 Caught between the seasons  
 Of spring and winter  
 These random thoughts shall remain



**UNTITLED**

**Leslie Kaplan**



# Run on the Market

CHECK OUT



At my quiet corner market  
Dismayed to find masked neighbors  
Fighting in the aisles to snatch scarce stock  
Rolls of toilet paper jammed into carts  
Shelves emptying quickly  
My anxiety rises to the contagion  
Frantically I grab to hoard  
Carbs jump into my basket  
Whatever I can find



# Signs of the Time



Pandemic blues wrap me in a cotton of isolation  
Muffled sounds seep through the walls of my tomb  
Robotically I move barely registering the passage of time  
But for the rhythm of sleep, eat, sleep, eat and then sleep again.

Abruptly my self-hibernation ends as I  
Step outdoors into a shock of heat and searing light  
Dry wind whips my hair from its careful constraints  
And whistles in my ear whispers of rebellion.

Suddenly shouting as emotions long smoldering emerge  
Erupting into the lava of hot molten rage a march begins  
Stripping off my mask of safety and expressing the pain of  
Inequity, brutality and bullying power upon a broken man.

Into the street masses emerge announcing that change is in the air.

Pat Avery

# MASKS

It is not easy for me to smile  
Although sunshine arms embrace me  
My homemade mask designed  
With lips only slightly parted  
And a twinkling eye almost hidden

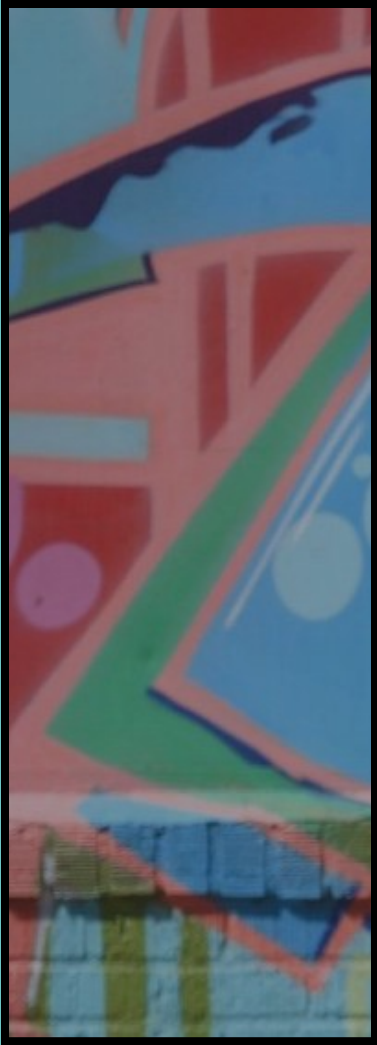
It is not easy for me to cry  
For tears draw my eyelids closed  
And swim within their dark orb  
My mask serene, blank canvas  
A disguise hiding words unspoken

It is not easy for me to be angry  
With a mask stiff and confining  
Stretched across a fiery soul  
Bands of steel pushing  
Firmly against the embers

Now I wear a mask unwillingly  
Statement, symbol, device  
Emotions silenced behind its bulk  
Reality distorting  
Its unique design to protect  
Us from each other

Joy, sorrow, anger lost behind  
Fancy, folded squares of cloth

Lillian Rodich





**CWC-SFV Meeting in the Saban Community Room**

**W**hen the COVID-19 has been vaccinated out of our lives, the San Fernando Branch of the California Writer’s Club will meet again at the MPTF in Woodland Hills.

Some future Saturday in the coming year, our membership and guests will gather again in the Saban Community Room and share our news, listen to a speaker and return home with food for thought.

Yes, someday soon, members will drive once more to the Movie Home, park their cars and walk over to the MPTF Health and Wellness Center for our meeting. Until then, we’ll see you online, in the Zoom room.

Our next virtual meeting is on September 12th at 1 p.m. SFV Member Ester Shifren will speak on this topic: *Self-Publishing*.

*Stay tuned and Write On!*



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MPTF Health and Wellness Center**

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